



Retirement Living Conversation Workbook

A Guided Discussion Tool for Families

Date of Conversation: _____

Participants: _____

Section 1: Understanding Current Lifestyle

What Brings You Joy?

What parts of your daily or weekly routine do you enjoy most?

What hobbies or activities would you like to spend more time doing?

What do you look forward to each week?

Section 2: Current Home and Responsibilities

Home Maintenance Reality Check

Which tasks around the home feel manageable right now?

Which tasks are becoming more challenging or burdensome?

How much time each week do you spend on home and garden maintenance?

If you could eliminate certain responsibilities, which would you choose?

What would you do with that extra time?

Section 3: Social Connections and Community

Current Social Life

How often do you see friends or family?

Do you feel you have enough social interaction?

☐ Yes ☐ No ☐ Sometimes

If no, what makes it difficult to connect with others?

Would you enjoy living in a community of like-minded, active adults?

☐ Yes ☐ No ☐ Maybe

What would concern you about community living?

Section 4: Safety and Security Concerns

Peace of Mind

Do you worry about your safety or security at home?

☐ Yes ☐ No ☐ Sometimes

If yes, what specifically concerns you?

How do you feel about home security when you're away or travelling?

Would regular security checks (without intrusion) give you peace of mind?

☐ Yes ☐ No

Section 5: Independence and Lifestyle Priorities

Defining Independence

What does independence mean to you, personally?

Rate the importance of each factor (1 = Not Important, 5 = Very Important):

- ☐ ☐ ☐ ☐ ☐ Owning my own home (not renting)
- ☐ ☐ ☐ ☐ ☐ Having my own private space and courtyard
- ☐ ☐ ☐ ☐ ☐ Making my own decisions about daily life
- ☐ ☐ ☐ ☐ ☐ Coming and going as I please
- ☐ ☐ ☐ ☐ ☐ Freedom from maintenance worries
- ☐ ☐ ☐ ☐ ☐ Being close to shops and medical facilities
- ☐ ☐ ☐ ☐ ☐ Living in a secure environment
- ☐ ☐ ☐ ☐ ☐ Access to gardens and green spaces
- ☐ ☐ ☐ ☐ ☐ Having neighbours nearby
- ☐ ☐ ☐ ☐ ☐ Being able to travel without worry

Section 6: Concerns About Change

Addressing Worries

What worries you most about your current living situation?

What would concern you about moving to a retirement village?

What would need to be in place for you to feel comfortable to move?

What would you never want to compromise on?

Section 7: Financial Considerations

Understanding the Investment

Do you understand the ongoing costs of maintaining your current home?

☐ Yes ☐ No

Estimated monthly costs for current home:

Mortgage/Rates: \$_____

Insurance: \$_____

Maintenance/Repairs: \$_____

Garden/Lawn Care: \$_____

Utilities: \$_____

Total: \$_____

How important is it to you to own (not rent) your retirement home?

☐ Very Important ☐ Somewhat Important ☐ Not Important

Would you like to explore how retirement village ownership compares financially?

☐ Yes ☐ No

What is a Village Comparison Document?

A *Village Comparison Document* gives general information about the retirement village accommodation, facilities and services, including the general costs of moving into, living in and departing the retirement village.

You can use this to accurately compare any retirement facility you are considering. These documents can be found and downloaded from all Queensland-based retirement village websites.

Section 8: Vision for the Future

Imagining Your Ideal Lifestyle

If you could design your ideal living situation right now, what would it include?

What would your perfect day look like?

In 5 years, where do you see yourself living and what are you doing?

Section 9: Exploring Glenfield Grange

What Matters to You?

Based on our conversation, here's what I've heard is important to you:

There's a retirement village called Glenfield Grange in Toowoomba that might be worth exploring because:

- ☐ You own your villa AND the land (freehold, not renting)
- ☐ It's the most spacious retirement village in Toowoomba (8.5 acres, only 64 villas)
- ☐ Every villa is unique with its own character
- ☐ All external maintenance and gardens are managed for you
- ☐ Multiple daily security checks while maintaining your independence
- ☐ Beautiful garden settings throughout (Toowoomba's Garden City heritage)
- ☐ Your own exclusive-use courtyard for gardening
- ☐ Located in Middle Ridge near shops, medical facilities, and cafes
- ☐ It has very convenient access to transport options
- ☐ 15 minutes from Grand Central Shopping Centre and Toowoomba Hospital
- ☐ True independent living - you come and go as you please

Would you be open to learning more about it? ☐ Yes ☐ Maybe ☐ Not Right Now

If no, or not right now, what would need to change for you to reconsider?

Section 10: Next Steps

Moving Forward Together

What feels like the most comfortable next step for you?

- ☐ Just think about it for a while
- ☐ Drive by and see the village from the outside
- ☐ Arrange a tour of the village (no obligation)
- ☐ Talk to current residents about their experiences
- ☐ Review the financial comparison in detail
- ☐ Visit the website: www.glenfieldgrange.com.au
- ☐ Not interested at this time
- ☐ Other: _____

When would you like to revisit this conversation?

What additional information would help you make a decision?

Section 11: Summary and Reflections

Your Key Priorities

The top 3 things you want in your living situation are:

1. _____
2. _____
3. _____

Your main concerns about staying in your current home:

Your main concerns about moving to a retirement village:

How Glenfield Grange might address your priorities:

Additional Notes and Thoughts

Contact Information

Glenfield Grange Retirement Village

Address:

12 Glenfield Court, Middle Ridge, Toowoomba QLD 4350

Phone:

General Enquiries: 1800 011 004

Village Management: 07 4636 4945

Website:

www.glenfieldgrange.com.au

Village Tours:

Available daily 12:00pm - 2:00pm by appointment

Private inspections available at your convenience

For the Adult Child

Post-Conversation Reflection

How did the conversation go?

What surprised you about their responses?

What are your next steps to support them?

Follow-up date scheduled: _____

Remember: *This is their decision and their timeline. Your role is to inform, support, and respect their autonomy.*